



# FUEL UP WITH FRUITS AND VEGGIES AT THE 10<sup>TH</sup> ANNUAL KIDS IN THE KITCHEN EVENT!

**Saturday, March 7th**  
**10:00am to 2:00pm**

**Martin Luther King Jr. Park**  
1950 Lemon Ave Long Beach, CA 90806

### **For More Information**

**Please Contact:**

**Junior League of Long Beach**

(562) 989-6400

[www.jllb.org](http://www.jllb.org)

**Healthy Active Long Beach**

(562) 570-4244

[www.longbeach.gov/health/halb](http://www.longbeach.gov/health/halb)

### **Nutrition Education**

**Healthy Food Samples made by Local Chefs**

**Music, Dance and Martial Arts Shows**

**Youth Sports and Club Sign-Ups**

**Health Education and Screenings**

**Recreation Fun and Games**

**Bicycle Safety Rodeo**

**PEACE GARDEN Tours and Activities**

**Information on WIC, CalFresh, and Covered California**



For CalFresh information, call 1-877-847-3663. Funded by USDA SNAP-Ed, an equal opportunity provider and employer. Visit [www.CaChampionsForChange.net](http://www.CaChampionsForChange.net) for healthy tips.